

# PENINSULA SERVICE UNIT GIRL SCOUTS



*I think they overdid it with the bandages!*

## First Aid for All Levels!

Come learn basic first aid for your badge levels from Daisy to Cadette!

Peninsula Service Unit will be meeting at Cabrillo Elementary's outdoor eating space once a month for badge workshops. This Friday is First Aid at all levels. Costumes welcome!

We will cover:

- Check, Call, and Care.
- When to call 911.
- Different scenarios where first aid is needed and learn what to do.
- What should be in a basic first aid kit.
- Cold and heat related injuries
- Shock
- Outdoor related injuries

Hear from a Wilderness First Aid certified member of our service unit. Girls will take home a mini first aid kit.

## October 29, 2021 6:00-7:00pm

Cabrillo Elementary  
3120 Talbot Street

**JEANNE HOWARD**

619-838-9736 | bjhoward@hotmail.com

